



Spa Services





HOME | GENERAL INFO | SPECIALTY MASSAGE | LIFE ENHANCEMENTS | ESSENTIAL MASSAGE | REPLENISHING BODY | LIFE SOURCE FACIALS

FOR AN ENJOYABLE SPA EXPERIENCE

- We recommend you arrive a minimum of 15 minutes prior to your scheduled appointment time. This will allow time to relax prior to your service.
- Feel free to arrive earlier to enjoy a steam or sauna for your enhanced comfort and relaxation, and please be sure to drink plenty of water.
- All spa treatment and fitness appointments are reserved especially for you, so please notify us 24 hours in advance if you need to cancel or reschedule. If less than 24 hours notice is given, 50% of the service will be applied to your member account.
- For your convenience, a 20% service charge is added to all services. Where applicable, a 6% sales tax will apply. All pricing and services are subject to change without notice, and are subject to member's completion of applicable documents.
- Members must be at least 18 years of age to experience a spa treatment.
- Spa Services are scheduled for your pleasure and comfort level so please notify your therapist if any discomfort or preferences during your service.
- Spa services will be charged to your member account. Please present any gift certificates, vouchers or discount cards at the time you check in for your spa services.
- We kindly request that cell phones are turned off or put on silent mode while utilizing the Club and Spa.

Hours of Operation
9:00 am - 5:00 pm daily

To reserve your spa appointments,
contact our Spa Specialists at 239-732-3040

3470 Club Center Boulevard • Naples, FL 34114
239-732-3000 • www.fiddlerscreek.com





HOME

GENERAL
INFO

SPECIALTY
MASSAGE

LIFE
ENHANCEMENTS

ESSENTIAL
MASSAGE

REPLENISHING
BODY

LIFE SOURCE
FACIALS

LIFE SPECIALTY MASSAGE

Lomi Lomi

80 Minutes, \$150

One of the most profound forms of massage. A unique healing massage derived from the ancient Polynesians and more specifically the master healers of Hawaii. It works gently yet deeply into the muscles with continuous, flowing strokes, totally nurturing the body and, enabling you to relax, give in and simply be.

Thai

80 Minutes, \$150

A combination of assisted stretches, gentle rocking and pressure point manipulation. The deeply therapeutic, fluid and meditative treatment will leave you feeling rejuvenated and vibrant. Please wear loose, comfortable clothing.

Hot Stone Therapy

80 Minutes, \$150

Bring balance back into your life. This unique therapy combines massage with thermotherapy (the use of heated and cooled stones). Warm stones are incorporated with a relaxing massage providing deep soothing heat and relaxation. The ultimate relaxing experience.

Sea Holistic

80 Minutes, \$150

This unique exfoliating relaxation experience seduces the senses and imparts exquisitely silky skin. After marine oils and salt polish the skin, fragrant linen bundles filled with marine salt crystals and lavender buds deliver warmth throughout the massage. Inhale their hypnotic perfume as the sachets are pressed onto aching muscles and energy meridians. Thai massage techniques are combined with pressure points and stretching to unwind areas of tension and restore balance to the entire body.

Treasures of the Sea: Lymphatic Massage

80 Minutes, \$150

This treatment utilizes the benefits of warm tropical waters. First, marine oils and sea salt gently exfoliate the skin to prepare your body for an essential oil and mineral-rich seawater gel masque cocoon that warmly envelops the body. To finish, a heated, silky gel made of concentrated seawater is massaged over the skin, while targeted serums relax the tightest of muscles and drain congested areas. As the seawater gel transforms into a moisturizing milk, the entire body is misted with seawater for a refreshing, seaside revival.

LIFE ENHANCEMENTS

Enhance your favorite facial with one of our fabulous specialty services to address specific areas of concern. Enhancements may not be purchased alone.

Hair Removal (Hemp all-natural wax)

Prices from

<i>Eyebrow, Lip or Chin</i>	\$25
<i>Lip and Chin</i>	\$35
<i>Full Face (lips, chin, cheeks)</i>	\$50
<i>Half Arm</i>	\$30
<i>Full Arm</i>	\$40
<i>Under Arm</i>	\$35
<i>Bikini</i>	\$35
<i>Half Leg</i>	\$35
<i>Half Leg & Bikini</i>	\$50
<i>Full Leg</i>	\$60
<i>Back</i>	\$55
<i>Chest</i>	\$50
<i>Brazilian</i>	\$65

Tinting

<i>Brow or Lash</i>	\$25
<i>Combined</i>	\$40

Anti-aging Eye Treatment

Added to any facial, \$30

Specialized lifting massage movements to instantly reduce the appearance of fine lines, wrinkles and puffiness.

Décolleté Indulgence

Added to any facial, \$30

Firm and smooth your neck and décolleté which the active extract of Kigelia Africana to smooth and tighten fragile areas.

Life Balance Series

Schedule a series of five of the same service and receive a 10% discount off the series.

Schedule a series of ten of the same service and receive a 15% discount off the series.



HOME

GENERAL
INFO

SPECIALTY
MASSAGE

LIFE
ENHANCEMENTS

ESSENTIAL
MASSAGE

REPLENISHING
BODY

LIFE SOURCE
FACIALS

LIFE ESSENTIAL MASSAGE

Swedish Massage

50 Minutes, \$90

The massage utilizes light pressure with soothing, relaxing strokes to increase circulation and ease muscle tension.

80 Minutes, \$115

Deep Tissue Massage

50 Minutes, \$100

Ideal for the physically active person seeking an intense pressure experience, this massage targets specific muscle groups to release tension and improve flexibility.

80 Minutes, \$130

Reflexology

50 Minutes, \$70

This healing art releases tension through stimulating reflex points on the soles of your feet to improve circulation, reduce fatigue and improve balance.

Self-Heating Mud

Added to any massage, \$10 per area

Enhance your favorite massage with our amazing self-heating mud applied to specific areas in need of a deeper, more concentrated relaxing experience.

Marine Bolus Treatment

Added to any massage, \$10 - \$45

Steamed fragrant linen bundles filled with marine salt crystals and lavender buds deliver warmth throughout.

Paraffin

Added to any facial or massage

\$25 (hands or feet) or \$40 (combination hands and feet)

Treat your hands, feet, or both to a warm and soothing experience while enjoying your favorite service.

Aromatherapy add on, \$10 with any treatment.



HOME

GENERAL
INFO

SPECIALTY
MASSAGE

LIFE
ENHANCEMENTS

ESSENTIAL
MASSAGE

REPLENISHING
BODY

LIFE SOURCE
FACIALS

LIFE REPLENISHING BODY

Salt Glow: Full Body Exfoliation

25 Minutes, \$65

Rich in Oligomer and marine salts, this toning scrub eliminates dead skin cells, and provides the mineral salts and trace elements essential for the vitality of the skin. Your skin will be infinitely softer, smoother and hydrated.

Detox: Deep Cleansing/Contouring Body Wrap

50 Minutes, \$95

Choose either a Deep Cleansing or Contouring Body Wrap. The optimal Deep Cleansing Wrap offers a detoxifying action, while the Contouring Wrap offers a contouring action to reshape the figure by encouraging the elimination of fat.

Remineralizing: Hydrating Body Wrap

50 Minutes, \$95

This invigorating scrub and remineralizing gel wrap will leave your skin ideally hydrated. Our marine based products help maintain skin's natural hydrating functions producing a more supple and comfortable, satiny and beautiful looking skin.

Reshaping: Contouring Body Wrap

50 Minutes, \$95

The ultimate treatment for cellulite reduction and general contouring. Localized application assists in diminishing the appearance of excess weight and improved the quality and texture of skin. Best results are realized with multiple treatments combined with take home regime.

Firming: Sea Tonic Toning From Head-to-Toe

80 Minutes, \$115

This head-to-toe toning experience offers a delightfully scented aroma with an overall sensation of firmness and vitality. You'll love the gentle fragrance and penetrating, invigorating and moisturizing results on the skin with infinite and slightly iridescent glow. Enjoy the energizing and toning qualities from the sea with this head to toe wrap, and scalp treatment.

Scalp Massage

Added to any service, \$25

Rejuvenate your hair follicles while enjoying a relaxing scalp massage.



HOME

GENERAL
INFO

SPECIALTY
MASSAGE

LIFE
ENHANCEMENTS

ESSENTIAL
MASSAGE

REPLENISHING
BODY

LIFE SOURCE
FACIALS

LIFE SOURCE FACIALS

Ultimate Facial

50 Minutes, \$85

Series of Five, \$385

Revitalize and renew your skin with this specialized treatment designed to restore natural balance while meeting the needs of any skin type.

Lacto Flora Peel

50 Minutes, \$85

Series of Five, \$385

Naturally-derived, this mild but effective acid peel exfoliates gently while hydrating and smoothing the complexion. This brightening treatment will diminish the signs of aging.

Deep Cleansing Facial

80 Minutes, \$115

Series of Five, \$525

This extensive 5-step purifying process includes deep pore cleansing, hydrating soft peel and appropriate mask for perfectly balanced skin that is revitalized, fresh and dewy.

Timeless Caviar Age Defying Facial

80 Minutes, \$130

Series of Three, \$340

Reveal a youthful complexion through this innovative bi-thermal treatment using the finest formulation of 100% caviar. Your skin will be nourished and look radiant.

Collagen Facial

80 Minutes, \$115

Series of Five, \$525

Rejuvenate your skin by restoring elasticity and reducing wrinkles and fine lines. Pure Collagen and Elastin is massaged into the skin with cutting edge techniques.

RS2 Rosacea Facial

80 Minutes, \$115

Series of Five, \$525

This alleviating treatment uses green tea, chamomile and licorice to bring visual relief and results to dilated capillaries, congestion, blotchiness and irritability.